

Security+ 2008

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Security+ 2008

First Edition

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**Security+ 2008
Teacher Manual**

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Security Plus

Introduction





Using this Workbook

In the *Introduction* section, you will find an outline for each session of training and sample lesson plans. These are included to give you an overview of the training content and to help you structure your lessons. The content, delivered by industry professionals, is the most up-to-date, comprehensive content available.

The exercises included in this workbook are meant to serve as supplementary material for the OnlineExpert courses. The following types of exercises are included for each session of training:

Fill-in-the-Blanks: The student completes a comprehensive fill-in-the-blank exercise while watching each session of the training. Each exercise follows the instructor's lecture and can be used as a review for the Quiz, the Pre-Tests, and the Post-Tests.

Glossary Crossword and Word Search Puzzles: These puzzles, taken directly from the courses' glossary, are intended to help your students become more familiar with the terms found in each session.

Short Answer: The short answer questions facilitate recall of the basic training concepts to further aid in retention of the course topics and information in preparation for the training's Pre-Assessments and Post-Tests.

Matching: The matching exercise provides additional learning reinforcement of terms and concepts found throughout the training in the courses' glossary.

Research Topic: The research topic gives your students the opportunity to research an applicable real-world situation whose answer will require using their understanding of the training as well as outside resources to generate a response.

Projects: The individual and group projects require your students to apply the knowledge gained during the training to complete the assigned task. By using both individual and group projects students receive the added benefit of applying the knowledge they have gained in a situation that mimics life in the workforce.

Quiz: The quizzes will help you gauge your students' progress. They also provide your students additional preparation for the training Pre-Tests and Post-Tests.

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These workbook exercises, used in conjunction with the LearnKey training, give your students the best learning experience possible.

Shoot File Links: The links to shoot files contain any of the actual files (Excel spreadsheets, Flash FLA files, etc.) that are used and demonstrated during the training. The files will typically have a starting file containing all data necessary to begin the demonstrated skill, as well as a completed file that shows the final result.

Keyboard Shortcuts & Tips: The keyboard shortcuts and tips provide a reference of product-specific keyboard shortcuts and helpful hints to make working more efficient.

Objective Mapping: The objective mapping provides a quick reference as to where in the training a specific certification exam objective is covered.

Best Practices Guide: The best practices guide gives you as the instructor the help you will need to effectively incorporate the workbook and training into your classroom experience. This guide comes from teachers like yourself and has been proven time and time again.

Running & Training Time Table: The running and training time tables will help you to better plan your lessons based on the time you have available. The running time is the actual time required to simply watch the training. The training time is an estimated average time that it will take to watch and discuss the concepts presented as well as do any applicable exercises.

Skills Assessment: The skills assessment will help you and your students to gauge their understanding of course topics prior to beginning any coursework. Understanding where your students as a group feel less confident will aid you in planning and getting the most from the training.

Security+ 2008 Introduction

Develop your understanding of network administration by gaining a certifiable knowledge of Security+ by CompTIA®. Learn how to secure and manage all facets of your network from CPU cycles to software used by individuals or across a network. Security + is the next level to attain certification for every IT network administrator. This course will prepare you to pass the CompTIA® Security+ certification exam SY0-201.

Benefits:

- Implement and maintain an effective security strategy within your company's network infrastructure
- Our courses meet or exceed all the CompTIA® certification objectives for exam SYO-201
- Learn the knowledge of systems security, network infrastructure, access control, assessments and audits

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Security+ 2008 Course Map

Session 1

Security Requirements	<ul style="list-style-type: none"> Requirements Methods of Classification Due Care Due Diligence Due Process User Education HR Security 	Objectives Covered: 6.4 (Classification of Information, Acceptable Use Policies, Security Related HR Policy, Due Care, Due Process, and Due Diligence, User Education and Awareness Training)
Security Threats	<ul style="list-style-type: none"> Understanding Threats Viruses and Worms Trojans, Spyware, and Malware Rootkits Logic Bombs and Spam Spam Filtering Botnets 	Objectives Covered: 1.1 (Virus, Worm, Trojan, Spyware, Spam, Adware, Rootkits, Logic Bomb, Botnets)
Privilege Escalation	<ul style="list-style-type: none"> Initial Entry Escalation Methods After Escalation Performing a Logic Bomb 	Objectives Covered: 1.1 (Privilege Escalation); 2.5 (Privilege Escalation)
Hardware Security Risks	<ul style="list-style-type: none"> BIOS USB Devices Storage Cell Phones 	Objectives Covered: 1.2 (All of them: BIOS, USB devices, Cell phones, Removable storage, Network attached storage)
Network Vulnerabilities	<ul style="list-style-type: none"> Vulnerable Devices Weak Passwords Backdoors Denial of Service Vampire Taps 	Objectives Covered: 2.5 (Weak passwords, back doors, default accounts, DoS); 2.6 (Vampire taps)
Infrastructure Risks	<ul style="list-style-type: none"> Old Protocols TCP/IP Issues Null Sessions Spoofing Man-in-the-Middle DDoS DNS Vulnerabilities ARP Poisoning 	Objectives Covered: 2.1 (All of them: Antiquated protocols, TCP/IP hijacking, Null sessions, Spoofing, Man-in-the-middle, Replay, DoS, DDoS, Domain name kiting, DNS poisoning, ARP poisoning)

Session 2

Wireless Vulnerabilities	<ul style="list-style-type: none"> Wi-Fi 802.11 Implementations Data Emanation War Driving Default Behaviors Rogue APs Hijacking 	Objectives Covered: 2.7 (Data emanation, War driving, SSID broadcast, rogue access points, weak encryption)
Wireless Encryption	<ul style="list-style-type: none"> Encryption Cracking WEP Authentication Understanding WEP WEP Key Problems Weak Initialization Vectors 	Objectives Covered: 2.7 (Data emanation, War driving, SSID broadcast, rogue access points, weak encryption)
Personal Device Security	<ul style="list-style-type: none"> Portable Devices Blue Jacking Bluesnarfing Black Jacking Laptops 	Objectives Covered: 2.7 (Blue jacking, bluesnarfing)
Authentication Fundamentals	<ul style="list-style-type: none"> Identification Authentication One Factor Multiple Factors Single Sign On 	Objectives Covered: 3.6 (One, two and three-factor authentication, Single sign-on); 3.7 (Mutual); 3.8 (difference between identification and authentication (identity proofing))
Authentication Hardware	<ul style="list-style-type: none"> Thumb Scanners FAR and FRR Smart Cards RFID 	Objectives Covered: 3.7 (Biometric reader) – also cover smart cards, keys, RFID-based authentication and other hardware devices that may be referenced on the exam
Authentication Protocols	<ul style="list-style-type: none"> Understanding Protocols PAP and CHAP LAN Manager NTLM NTLMv2 	Objectives Covered: 3.7 (RADIUS, RAS, LDAP, VPN, Kerberos, CHAP, PAP, 802.1X, TACACS)
Advanced Authentication Protocols	<ul style="list-style-type: none"> Kerberos Kerberos Tickets Kerberos Access LDAP 802.1X/RADIUS TACACS RAS 	Objectives Covered: 3.7 (RADIUS, RAS, LDAP, VPN, Kerberos, CHAP, PAP, 802.1X, TACACS)
User, Groups and Roles	<ul style="list-style-type: none"> Active Directory Users Groups Group Strategy Guidelines Roles 	Objectives Covered: 3.3 (Complete coverage of this non-specific objective)
Authorization Models	<ul style="list-style-type: none"> Group Policy Editor Password Policies Lockout Policies Creating Accounts Account Parameters 	Objectives Covered: 3.5 (All objectives: ACL, Group policies, Password policies, Domain password policies, User names and passwords, Time of day restrictions, Account expiration, Logical tokens)

LearnKey**Session 3**

ACLs	Managing Folder Access Network Resource Permissions	Objectives Covered: 3.4 (Complete coverage of this non-specific objective)
Access Control Methods	MAC DAC RBAC Least Privilege Implicit Deny Duty Separation	Objectives Covered: 3.2 (MAC, DAC, Role & Rule based access control); 3.1 (Implicit deny, Least privilege, Separation of duties, Job rotation)
Remote Access Security	Overview RA Encryption RA Authentication Enabling RAS RAS Authentication Options	Objectives Covered: 3.7 (Remote access policies, Remote authentication)
Physical Security	Understanding Physical Security Affecting Factors Access Control Facility Access Checklist Internal Access Checklist Network Access Checklist	Objectives Covered: 3.9 (All objectives covered: Physical access logs/lists, Hardware locks, Physical access control – ID badges, Door access systems, Man-trap, Physical tokens, Video surveillance – camera types and positioning)
OS Hardening	Patches Service Packs Linux Hardening Windows Hardening Creating Security Templates Security Analysis	Objectives Covered: 1.3 (Patches, Patch management, Service packs, hotfixes) Objectives Covered: 1.3 (Group policies, Security templates, Configuration baselines)
Application Security	Buffer Overflows Dependencies Stack-Based Overflows Heap-Based Overflows After the Attack Countermeasures Instant Messaging P2P Networks	Objectives Covered: 1.4 (Buffer overflows, Instant messaging, P2P)
Web Application Security	Web Servers Communications Common Attacks Web Applications ActiveX and Java XSS Browsers and Cookies Input Validation	Objectives Covered: 1.4 (ActiveX, Java, Scripting, Browser, Cookies, Input validation, Cross-site scripting (XSS))
Email Security	Email Protocols Email Threats Email Authentication Confidentiality SMTP Relay Spam Solutions	Objectives Covered: 1.4 (SMTP open relays)

Session 4

Client Security Solution	avast Software Spam Filtering Pop-Up Blocking Personal Firewalls HIDS	Objectives Covered: 1.5 (All objectives covered: HIDS, Personal software firewalls, Antivirus, Anti-spam, Popup blockers)
Virtualization and Security	Virtualization Defined Benefits Scenarios Virtual PC Hyper-V VMWare Planning Security Issues	Objectives Covered: 1.6 (Complete coverage of this non-specific objective)
Network Firewalls	Understanding Firewalls Firewall Types Firewall Installation Well Known Ports Port Blocking	Objectives Covered: 2.3 (Firewalls); 2.4 (Firewalls)
Network Security Design	Subnetting Virtual LANs Connecting Networks DMZ NAT	Objectives Covered: 2.2 (DMZ, VLAN, NAT, Network interconnections, NAC, Subnetting)
Telephony Security	Traditional PBX VoIP SIP Security H.323 Security	Objectives Covered: 2.2 (Telephony) [Both traditional and VoIP]
Intrusion Detection and Prevention	Intrusion Monitoring IDS Solutions Detection Methods IPS Solutions IPS Detection States Intrusion Indications IDS Implementations Intrusion Responses Honeypots	Objectives Covered: 2.3 (NIDS, NIPS, Honeypot); 2.4 (NIDS); 4.5 (Behavior-based, Signature-based, Anomaly-based)
Controlling Internet Access	Proxy Servers Internet Filters Creating a Firewall Rule	Objectives Covered: 2.3 (Proxy servers, Internet content filters); 2.4 (Proxy servers, Internet content filters)
Protocol Analyzers	Installing Wireshark Capturing Email Logon Creating HTTP Filter Viewing Passwords	Objectives Covered: 2.3 (Protocol analyzers); 2.4 (Protocol analyzers); 4.2 (Protocol analyzers); 4.4 (Protocol analyzers);

LearnKey**Session 5****Wireless Network Security**

War Driving
SSID Issues
Rogue APs
Weak Encryption
Configuring WPA

Objectives Covered: 2.7 (War driving, SSID broadcast, Rogue access points, Weak encryption) The difference between this section and Section A of Session 2 is that this session covered protection mechanisms and the previous section covered attack methods.

Monitoring Systems

Performance Tools
Task Manager
Performance Snap-In
Baselines
Creating a Baseline
Creating a Second Baseline
Comparing Baselines with Excel

Objectives Covered: 4.4 (Performance monitor, Systems monitor, Performance baseline)

Scanning the Network

Port Scanning
Angry IP Scanner
Scanning Devices
Service Enumeration
Configuring Nmap GUI
Nmap Scanning

Objectives Covered: 4.2 (Port scanners, Network mappers)

Vulnerability Scanning

Sectools.org
OVAL
National Vulnerability Database
Password Crackers
Pen Testing

Objectives Covered: 4.2 (Vulnerability scanners, OVAL (Open Vulnerability and Assessment Language), Password crackers); 4.3 (Complete coverage of this non-specific objective)

Logging and Auditing

Importance of Logs
DNS Logs
System Logs
Performance Logs
Access Logs
Firewall Logs
Antivirus Logs
Auditing

Objectives Covered: 4.6 (Security application, DNS, System, Performance, Access, Firewall, Antivirus); 4.7 (User access and rights review, Storage and retention policies, Group policies)

Cryptography 101

Encryption
Simple Encryption
CIA
Non-Repudiation
Whole Disk
Key Management
Steganography
Encryption Testing
TPM

Objectives Covered: 5.1 (All objectives)

Encryption Algorithms

Encryption Types
Key Factors
DES
3DES
RSA
ECC
PGP
AES
RC4
Secure Transfer
One-Time Pad

Objectives Covered: 5.3 (All objective)

Session 6

Encryption Protocols and Hashing	<ul style="list-style-type: none"> Hashing Hashing Protocols Digital Signatures SSL/TLS TLS Goals SSL Operations PPTP L2TP IPSec HTTP Solutions SSH 	Objectives Covered: 5.4 (All objectives); 5.2 (All objectives)
Public Key Cryptography	<ul style="list-style-type: none"> Certificates PK Cryptography PKI Components PKI Processes 	Objectives Covered: 5.5 (All objectives); 5.6 (All objectives)
Risk Assessments	<ul style="list-style-type: none"> Failure Points RAID Spare Parts Redundant Servers Redundant ISP Power Supply Spare Sites 	Objectives Covered: 6.1 (All objectives)
Incident Response	<ul style="list-style-type: none"> Incidents Defined IR Process First Responders Computer Forensics Chain of Custody Reporting Damage Control 	Objectives Covered: 6.3 (All objective)
Disaster Recovery	<ul style="list-style-type: none"> Planning Backup Practices Backup Methods Backup Types Media Rotation Restoration DR Exercises 	Objectives Covered: 6.2 (All objectives covered); 6.5 (All objectives)
Social Engineering	<ul style="list-style-type: none"> Definition Example Attacks Dumpster Diving Passive Attacks Inside and Outside Attacks Reverse Phishing Attacks 	Objectives Covered: 6.6 (All objectives)
Security Policies	<ul style="list-style-type: none"> Importance General Policies Functional Policies Sans.org 	Objectives Covered: 6.4 (Secure disposal of computers, Password complexity, Change management, Mandatory vacations, Personally Identifiable Information (PII), SLA)

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Session Objectives

Course Objectives: Session 1

1. Understand security vulnerabilities and threats
2. Ensure security requirements are defined
3. Be able to explain the process of privilege escalation

Course Objectives: Session 2

1. Explain wireless vulnerabilities and learn to protect against common wireless attacks
2. Describe authentication concepts, hardware and software
3. Differentiate between authentication and authorization

Course Objectives: Session 3

1. Plan for different access control methods based on specific scenarios
2. Describe and implement physical security controls
3. Ensure that operating systems and applications are configured securely

Course Objectives: Session 4

1. Design for perimeter and end point security
2. Understand the vulnerabilities and security solutions for telephony
3. Explain the different intrusion detection and prevention systems

Course Objectives: Session 5

1. Implement effective monitoring systems and applications
2. Perform network scanning to discover vulnerabilities and improperly configured devices
3. Describe the fundamentals of encryption and cryptography

Course Objectives: Session 6

1. Explain the differences among the many encryption protocols
2. Perform risk assessments and plan for disasters
3. Understand security policies and explain how they protect against intrusions such as social engineering, wireless attacks and other network-based attacks

Security+ 2008 Outlines

Session 1

Introduction

- Prerequisites
- Knowledge Domains
- Security Importance
- Applications

Security Requirements

- Requirements
- Classification
- Due Care
- Due Diligence
- Due Process
- User Education
- HR Security

Security Threats

- Understanding Threats
- Viruses and Worms
- Trojans, Spyware, and Malware
- Rootkits
- Spam Filtering
- Botnets

Privilege Escalation

- Initial Entry
- Escalation Methods
- After Escalation
- Performing a Logic Bomb

Hardware Security Risks

- BIOS
- USB Devices
- Removable Storage
- Cell Phones

Network Vulnerabilities

- Vulnerable Devices
- Weak Passwords
- Backdoors
- Denial of Service
- Vampire Taps

Infrastructure Risks

- Old Protocols
- TCP/IP Issues
- Null Sessions
- Spoofing
- Man-in-the-Middle
- Replay Attacks
- DDoS
- DNS Vulnerabilities
- ARP Poisoning

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Session 2

Wireless Vulnerabilities

- Wireless LANs
- Wi-Fi
- Data Emanation
- War Driving
- Default Behaviors
- Rogue APs
- Hijacking

Wireless Encryption

- Encryption Cracking
- WEP
- Authentication
- Understanding WEP
- WEP Key Problems
- Weak Initialization Vectors

Personal Device Security

- Portable Devices
- Bluejacking
- Bluesnarfing
- Blackjacking
- Laptops

Authentication Fundamentals

- Identification
- Authentication
- One Factor
- Multiple Factors
- Single Sign-On

Authentication Hardware

- Thumb Scanners
- FAR and FRR
- Smart Cards
- RFID

Authentication Protocols

- Understanding Protocols
- PAP and CHAP
- LAN Manager
- NTLM
- NTLMv2

Advanced Authentication Protocols

- Kerberos
- Kerberos Tickets
- Kerberos Access
- LDAP
- 802.1X/RADIUS
- TACACS
- RAS

Users, Groups, and Roles

- Active Directory
- Users
- Groups
- Group Strategy
- Guidelines
- Roles

Authorization Models

- Group Policy Editor
- Password Policies
- Lockout Policies
- Creating Accounts
- Account Parameters

Session 3

CLs

- Managing Folder Access
- Network Resource Permissions

Access Control Methods

- MAC
- DAC
- RBAC
- Least Privilege
- Implicit Deny
- Duty Separation

Remote Access Security

- Remote Access
- RA Encryption
- RA Authentication
- Enabling RAS
- RAS Authentication Options

Physical Security

- Understanding Physical Security
- Affecting Factors
- Access Control
- Facility Access Checklist
- Internal Access Checklist
- Network Access Checklist

OS Hardening

- Patches
- Service Packs
- Patch Management
- Linux Hardening
- Windows Hardening
- Creating Security Templates
- Security Analysis

Application Security

- Buffer Overflows
- Dependencies
- Stack-Based Overflows
- Heap-Based Overflows
- After the Attack
- Countermeasures
- Instant Messaging
- P2P Networks

Web Application Security

- Web Servers
- Communications
- Common Attacks
- Web Applications
- ActiveX and Java
- XSS
- Browser Options
- Cookies
- Input Validation

E-mail Security

- E-mail Protocols
- E-mail Threats
- E-mail Authentication
- Confidentiality
- SMTP Relay
- Spam Solutions

Session 4

Client Security Solutions

- avast Software
- Spam Filtering
- Pop-Up Blocking
- Personal Firewalls
- HIDS

Virtualization and Security

- Virtualization Defined
- Benefits
- Scenarios
- Virtual PC
- Hyper-V
- VMware
- Planning
- Security Issues

Network Firewalls

- Understanding Firewalls
- Firewall Types
- Firewall Installation
- Well Known Ports
- Port Blocking

Network Security Design

- Subnetting
- Virtual LANs
- Connecting Networks
- DMZ
- NAT
- NAC

Telephony Security

- Traditional PBX
- VoIP
- SIP Security
- H.323 Security

Intrusion Detection and Prevention

- Intrusion Monitoring
- IDS Solutions
- Detection Methods
- IPS Solutions
- IPS Detection States
- Intrusion Indications
- IDS Implementations
- Intrusion Responses
- Honeypots

Controlling Internet Access

- Proxy Servers
- Internet Filters
- Creating a Firewall Rule

Protocol Analyzers

- Installing Wireshark
- Capturing E-mail Logon
- Creating HTTP Filter
- Viewing Passwords

Session 5

Wireless Network Security

- War Driving
- SSID Issues
- Rogue APs
- Weak Encryption
- Configuring WPA

Monitoring Systems

- Performance Tools
- Task Manager
- Performance Snap-In
- Baselines
- Creating a Baseline
- Creating a Second Baseline
- Comparing Baselines with Excel

Scanning the Network

- Port Scanning
- Angry IP Scanner
- Scanning Devices
- Service Enumeration
- Configuring Zenmap GUI
- Nmap Scanning

Vulnerability Scanning

- Sectools.org
- OVAL
- National Vulnerability Database
- Password Cracker
- Pen Testing

Logging and Auditing

- Importance of Logs
- DNS Logs
- System Logs
- Performance Logs
- Access Logs
- Firewall Logs
- Antivirus Logs
- Auditing

Cryptography 101

- Encryption
- Simple Encryption
- CIA
- Non-Repudiation
- Whole Disk
- Key Management
- Steganography
- Encryption Testing
- TPM

Encryption Algorithms

- Encryption Types
- Key Factors
- DES
- 3DES
- RSA
- ECC
- PGP
- AES
- RC4
- Secure Transfer
- One-Time Pad

Session 6

Encryption Protocols and Hashing

- Hashing
- Hashing Protocols
- Digital Signatures
- SSL/TLS
- TLS Goals
- SSL Operations
- PPTP
- L2TP
- IPSec
- HTTP Solutions
- SSH

Public Key Cryptography

- Certificates
- PK Cryptography
- PKI Components
- PKI Processes

Risk Assessments

- Risk Management
- Asset Identification
- Threat Identification
- Risk Assessment
- Risk Tracking

Redundancy Planning

- Failure Points
- RAID
- Spare Parts
- Redundant Servers
- Redundant ISP
- Power Supply
- Spare Sites

Incident Response

- Incident Defined
- IR Process
- First Responders
- Computer Forensics
- Chain of Custody
- Reporting
- Damage Control

Disaster Recovery

- Planning
- Backup Practices
- Backup Methods
- Backup Types
- Media Rotation
- Restoration
- DR Exercises

Social Engineering

- Definition
- Example Attacks
- Dumpster Diving
- Passive Attacks
- Inside/Outside Attacks
- Reverse
- Phishing Attacks

Security Policies

- Importance
- General Policies
- Functional Policies
- sans.org

Sample Lesson Plans

5 Week Plan					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Session 1 Pre-Test <u>Introduction</u> <i>Read Article: CompTIA Security+ Certification Overview</i>	<u>Security Requirements</u> <u>Security Threats</u> <i>Crossword</i> <i>Matching</i> <i>Word Search</i> <i>Research Topic</i>	<u>Privilege Escalation</u> <i>Read Article: CompTIA Security+ Certification Hardware</i> <u>Security Risks</u> <i>Individual Project</i>	<u>Network Vulnerabilities</u> <u>Infrastructure Risks</u> <i>Short Answer</i> <i>Online Labs</i> <i>Session 1 Quiz Group Project</i>	Session 1 Post Test Session 2 Pre-Test <u>Wireless</u> <u>Vulnerabilities</u> <u>Wireless</u> <u>Encryption</u>
Week 2	<i>Crossword</i> <i>Matching</i> <i>Word Search</i> <u>Personal Device Security</u> <i>Research Topic</i> <u>Authentication Fundamentals</u>	<u>Authentication Hardware</u> <i>Individual Project</i> <u>Authentication Protocols</u> <i>Short Answer</i> <u>Advanced Authentication Protocols</u>	<u>Users, Groups, and Roles</u> <u>Authorization Models</u> <i>Online Labs</i> <i>Session 2 Quiz Group Project</i> Session 2 Post Test	Session 3 Pre-Test <u>ACLs</u> <i>Crossword</i> <i>Matching</i> <i>Word Search</i> <u>Access Control Methods</u>	<u>Remote Access Security</u> <u>Physical Security</u> <i>Research Topic</i> <u>OS Hardening</u> <u>Application Security</u>
Week 3	<u>Web Application Security</u> <i>Group Project</i> <u>E-mail Security</u> <i>Short Answer</i> <i>Session 3 Quiz</i> <i>Online Labs</i>	<i>Individual Project</i> <i>Online Labs</i> Session 3 Post Test Session 4 Pre-Test	<u>Client Security Solutions</u> <i>Crossword</i> <i>Matching</i> <i>Word Search</i> <u>Virtualization and Security</u>	<u>Network Firewalls</u> <i>Research Topic</i> <u>Network Security Design</u> <u>Telephony Security</u>	<i>Individual Project</i> <u>Intrusion Detection and Prevention Controlling</u> <u>Internet Access Protocol Analyzers</u>
Week 4	<i>Group Project</i> <i>Short Answer</i> <i>Session 4 Quiz</i> <i>Online Labs</i> Session 4 Post Test	Session 5 Pre-Test <u>Wireless Network Security</u> <i>Crossword</i> <i>Matching</i> <i>Word Search</i>	<u>Monitoring Systems</u> <u>Scanning the Network</u> <i>Individual Project</i> <u>Vulnerability Scanning</u>	<u>Logging and Auditing</u> <u>Cryptography 101</u> <i>Group Project</i> <u>Encryption Algorithms</u> <i>Short Answer</i> <i>Online Labs</i>	<i>Research Topic</i> <i>Session 5 Quiz</i> Session 5 Post Test
Week 5	Session 6 Pre-Test <u>Encryption Protocols and Hashing</u> <i>Crossword</i> <i>Word Search</i>	<u>Public Key Cryptography</u> <u>Risk Assessments</u> <u>Redundancy Planning</u> <i>Matching</i> <i>Group Project</i>	<u>Incident Response</u> <u>Disaster Recovery</u> <u>Social Engineering</u> <i>Individual Project</i>	<u>Security Policies</u> <i>Short Answers</i> <i>Online Labs</i> <i>Session 6 Quiz</i>	<i>Research Topic</i> Session 6 Post Test

*Complete the corresponding section of the Listing Fill in the Blank Exercise.

LearnKey training segments are underlined. Activities are *italicized*. Tests are **bolded**.

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6 Week Plan					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Session 1 Pre-Test <u>Introduction</u> Read Article: CompTIA Security+ Certification Overview	<u>Security</u> <u>Requirements</u> <u>Security Threats</u> Crossword Matching Word Search	Research Topic <u>Privilege</u> <u>Escalation</u> <u>Hardware</u> <u>Security Risks</u> Individual Project	<u>Network</u> <u>Vulnerabilities</u> <u>Infrastructure Risks</u> Short Answer Online Labs Session 1 Quiz	Group Project Session 1 Post Test
Week 2	Session 2 Pre-Test <u>Wireless</u> <u>Vulnerabilities</u> <u>Wireless Encryption</u> Crossword Matching	Word Search <u>Personal Device</u> <u>Security</u> Research Topic <u>Authentication</u> <u>Fundamentals</u> <u>Authentication</u> <u>Hardware</u>	<u>Authentication</u> <u>Protocols</u> <u>Advanced</u> <u>Authentication</u> <u>Protocols</u> <u>Users, Groups, and</u> <u>Roles</u> Group Project	<u>Authorization</u> <u>Models</u> Online Labs Session 2 Quiz Read Article: CompTIA Security+ Certification	Individual Project Session 2 Post Test
Week 3	Session 3 Pre-Test <u>ACLs</u> Crossword Matching Word Search	<u>Access Control</u> <u>Methods</u> <u>Remote Access</u> <u>Security</u> <u>Physical Security</u> Research Topic	<u>OS Hardening</u> <u>Application Security</u> <u>Web Application</u> <u>Security</u> Individual Project	<u>E-mail Security</u> Short Answer Session 3 Quiz Online Labs	Group Project Session 3 Post Test
Week 4	Session 4 Pre-Test <u>Client Security Solutions</u> Crossword Matching Word Search	<u>Virtualization and</u> <u>Security</u> <u>Network Firewalls</u> Research Topic <u>Network Security</u> <u>Design</u> <u>Telephony</u> <u>Security</u>	<u>Intrusion</u> <u>Detection</u> <u>and Prevention</u> <u>Controlling Internet</u> <u>Access</u> Group Project	<u>Protocol</u> <u>Analyzers</u> Short Answer Session 4 Quiz Online Labs	Individual Project Session 4 Post Test
Week 5	Session 5 Pre-Test <u>Wireless Network</u> <u>Security</u> Crossword Matching Word Search	<u>Monitoring</u> <u>Systems</u> <u>Scanning the Network</u> Individual Project	<u>Vulnerability Scanning</u> <u>Logging and</u> <u>Auditing</u> <u>Cryptography 101</u> Group Project	<u>Encryption Algorithms</u> Short Answer Online Labs Session 5 Quiz	Research Topic Session 5 Post Test
Week 6	Session 6 Pre-Test <u>Encryption</u> <u>Protocols and Hashing</u> Crossword Word Search	<u>Public Key</u> <u>Cryptography</u> <u>Risk Assessments</u> <u>Redundancy</u> <u>Planning</u> Matching Group Project	<u>Incident</u> <u>Response</u> <u>Disaster</u> <u>Recovery</u> <u>Social</u> <u>Engineering</u> Individual Project	<u>Security Policies</u> Short Answers Online Labs Session 6 Quiz	Research Topic Session 6 Post Test

7 Week Plan					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Session 1 Pre-Test <u>Introduction</u> Read Article: <i>CompTIA Security+</i> <i>Certification Overview</i>	<u>Security</u> <u>Requirements</u> <u>Security Threats</u> Crossword Matching Word Search Research Topic	<u>Privilege Escalation</u> Read Article: <i>CompTIA</i> <i>Security+ Certification</i> <u>Hardware Security</u> Risks	<i>Individual Project</i> <u>Network</u> <u>Vulnerabilities</u> <u>Infrastructure Risks</u> Short Answer Online Labs Session 1 Quiz	<i>Group Project</i> Session 1 Post Test
Week 2	Session 2 Pre-Test <u>Wireless</u> <u>Vulnerabilities</u> <u>Wireless</u> <u>Encryption</u>	Crossword Matching Word Search <u>Personal Device</u> <u>Security</u>	Research Topic <u>Authentication</u> <u>Fundamentals</u> <u>Authentication</u> <u>Hardware</u> <u>Authentication</u> Protocols	<u>Advanced</u> <u>Authentication</u> <u>Protocols</u> <u>Users, Groups, and</u> <u>Roles</u> Group Project	<u>Authorization Models</u> Online Labs Session 2 Quiz Read Article: <i>CompTIA Security+</i> <i>Certification</i>
Week 3	Short Answer <i>Individual Project</i> Session 2 Post Test	Session 3 Pre-Test <u>ACLs</u> Crossword Matching Word Search	<u>Access Control</u> <u>Methods</u> <u>Remote Access</u> <u>Security</u> <u>Physical Security</u> Research Topic	<u>OS Hardening</u> <u>Application</u> <u>Security</u> <u>Web Application</u> <u>Security</u>	<i>Individual Project</i> <u>E-mail Security</u> Short Answer Session 3 Quiz Online Labs
Week 4	<i>Group Project</i> Session 3 Post Test	Session 4 Pre-Test <u>Client Security</u> <u>Solutions</u>	<u>Virtualization and</u> <u>Security</u> Crossword Matching Word Search <u>Network Security</u> Design	<u>Telephony</u> <u>Security</u> Research Topic <u>Intrusion Detection</u> <u>and Prevention</u>	<u>Controlling Internet</u> <u>Access</u> <i>Group Project</i> <u>Protocol</u> <u>Analyzers</u>
Week 5	Short Answer Session 4 Quiz Online Labs <i>Individual Project</i>	Session 4 Post Test	Session 5 Pre-Test <u>Wireless Network</u> <u>Security</u>	<u>Monitoring Systems</u> Crossword Matching Word Search	<u>Scanning the</u> <u>Network</u> <i>Individual Project</i> <u>Vulnerability</u> <u>Scanning</u>
Week 6	<u>Logging and</u> <u>Auditing</u> <u>Cryptography 101</u> <i>Group Project</i> <u>Encryption</u> <u>Algorithms</u>	Short Answer Online Labs Session 5 Quiz	Research Topic Session 5 Post Test	Session 6 Pre-Test	<u>Encryption</u> <u>Protocols and</u> <u>Hashing</u> Crossword Word Search Matching
Week 7	<u>Public Key</u> <u>Cryptography</u> <u>Risk Assessments</u> <u>Redundancy</u> <u>Planning</u>	<i>Group Project</i> <u>Incident Response</u> <u>Disaster Recovery</u>	<u>Social Engineering</u> <i>Individual Project</i> <u>Security Policies</u> Short Answers Online Labs	Session 6 Quiz Research Topic	Session 6 Post Test

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8 Week Plan					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Session 1 Pre-Test <u>Introduction</u>	Read Article: <u>CompTIA Security+ Certification Overview Security Requirements</u>	<u>Security Threats</u> Crossword Matching Word Search	Research Topic <u>Privilege Escalation</u> Read Article: <u>CompTIA Security+ Certification</u>	<u>Hardware Security Risks</u> <u>Individual Project Network Vulnerabilities Infrastructure Risks</u>
Week 2	Short Answer Online Labs Session 1 Quiz	Group Project Session 1 Post Test	Session 2 Pre-Test <u>Wireless Vulnerabilities</u>	<u>Wireless Encryption</u> Crossword Matching Word Search	<u>Personal Device Security</u> Research Topic <u>Authentication Fundamentals</u>
Week 3	<u>Authentication Hardware Authentication Protocols</u> Group Project	<u>Advanced Authentication Protocols</u> <u>Users, Groups, and Roles</u> Short Answer	<u>Authorization Models</u> Read Article: <u>CompTIA Security+ Certification</u>	Online Labs Session 2 Quiz Individual Project	Session 2 Post Test
Week 4	Session 3 Pre-Test <u>ACLs</u> Crossword Matching Word Search	<u>Access Control Methods</u> <u>Remote Access Security</u> <u>Physical Security</u> Research Topic	<u>OS Hardening</u> <u>Application Security</u> <u>Web Application Security</u>	Individual Project E-mail Security	Short Answer Session 3 Quiz Online Labs
Week 5	Group Project Session 3 Post Test	Session 4 Pre-Test <u>Client Security Solutions</u>	<u>Virtualization and Security</u> <u>Network Security</u> Design Crossword Matching	Word Search <u>Telephony Security</u> Research Topic	<u>Intrusion Detection and Prevention</u> <u>Controlling Internet Access</u> Group Project
Week 6	<u>Protocol Analyzers</u> Short Answer Session 4 Quiz Online Labs	Individual Project Session 4 Post Test	Session 5 Pre-Test <u>Wireless Network Security</u>	<u>Monitoring Systems</u> <u>Scanning the Network</u>	Crossword Matching Word Search
Week 7	Individual Project <u>Vulnerability Scanning</u>	<u>Logging and Auditing</u> <u>Cryptography 101</u> Group Project	<u>Encryption Algorithms</u> Short Answer Online Labs Session 5 Quiz	Research Topic Session 5 Post Test	Session 6 Pre-Test <u>Encryption Protocols and Hashing</u>
Week 8	Crossword Word Search Matching	<u>Public Key Cryptography</u> <u>Risk Assessments</u> <u>Redundancy Planning</u>	Group Project <u>Incident Response</u> <u>Disaster Recovery</u> <u>Social Engineering</u>	Individual Project <u>Security Policies</u> Short Answers Online Labs Session 6 Quiz	Research Topic Session 6 Post Test

Skills

Assessment



Instructions: Rate your skills with the following tasks on a level from 1-5.

Skills	Poor		Excellent		
	1	2	3	4	5
Create User in a Batch File					
Replay Attack Steps					
Hijacking Steps					
Group Policy					
New User Creation					
Changing Security Templates					
Analyzing Security					
Firewall					
Adding Ports					
Adding and Blocking Ports					
Blocking a Service					
Wireshark Capture					
Set Baseline					
Log Files					
Configuring Angry IP Scanner					
Enabling Security Logging					
Enabling Security Logging					
Response Steps					

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Best Practices Using LearnKey's Online Training

LearnKey offers video-based training solutions which are flexible enough to accommodate the private student, as well as educational facilities and organizations.

Our course content is presented by top experts in their respective fields, and provides clear and comprehensive information. The full line of LearnKey products have been extensively reviewed to meet superior standards of quality. The content in our courses has also been endorsed by organizations such as Certiport, CompTIA®, Cisco, and Microsoft. However, it is the testimonials given by countless satisfied customers that truly set us apart as leaders in the information training world.

LearnKey experts are highly qualified professionals who offer years of job and project experience in their subjects. Each expert has been certified in the highest level available for their field of expertise. This provides the student with the knowledge necessary to also obtain top level certifications in the field of their choice.

Our accomplished instructors have a rich understanding of the content they present. Effective teaching encompasses not only presenting the basic principles of a subject, but understanding and appreciating organization, real-world application, and links to other related disciplines. Each instructor represents the collective wisdom of their field and within our industry.

Our Instructional Technology

Each course is independently created, based on standard objectives provided by the manufacturer for which the course was developed.

We ensure that the subject matter is up-to-date and relevant. We examine the needs of each student and create training that is both interesting and effective. LearnKey training provides auditory, visual, and Kinesthetic learning materials to fit diverse learning styles. The following are three levels of implementation:

Standard Training Model

The standard training model allows students to proceed through basic training, building upon primary knowledge and concepts to more advanced application and implementation. In this method students will use the following toolset:

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Pre-assessment: The pre-assessment is used to determine the student's prior knowledge of the subject matter. It will also identify a student's strengths and weaknesses, allowing the student to focus on the specific subject matter he/she needs to improve most. Students should not necessarily expect a passing score on the pre-assessment as it is a test of prior knowledge.

Video training session: Each course of training is divided into sessions that are approximately two hours in length. Each session is divided into topics and subtopics.

Post test: The post test is used to determine the student's knowledge gained from interacting with the training. In taking the post test, students should not consult the training or any other materials. A passing score is 80 percent or higher. If the individual does not pass the post test the first time it is taken LearnKey would recommend the incorporation of external resources such as the workbook and additional customized instructional material.

Intermediate Training Model

The intermediate training model offers students additional training materials and activities which allows for better retention, review, and interaction. This model includes not only the standard model material, but also includes the following toolset:

Study guides: Study guides are a list of questions missed which can help students recognize areas of weakness and necessary focus. They can be accessed from either the pre-assessment or post test.

Labs: Labs are interactive activities that simulate situations presented in the training. Step-by-step instructions and live demonstrations are provided.

Workbooks: Workbooks have a variety of activities, such as glossary puzzles, short answer questions, practice exams, research topics, and group and individual projects, which allow the student to study and apply concepts presented in the training.

Master Training Model

The master training model offers the student an additional opportunity to prepare for certification by further examining his/her knowledge. This model includes the materials used in the standard and intermediate models, as well as the MasterExam.

Master Exam: The MasterExam draws from a large pool of questions to provide a unique testing experience each time it is taken. LearnKey recommends a student take and pass the exam, with a score of 80 percent or higher, four times in order to prepare for certification testing. Study guides can also be accessed for the MasterExam.



Security Plus

Session 1





Session 1 Time Tables

Session 1

Session 1	
Introduction	00:16:11
Security Requirements	00:19:24
Security Threats	00:19:25
Privilege Escalation	00:14:43
Hardware Security Risks	00:12:32
Network Vulnerabilities	00:10:50
Infrastructure Risks	00:22:23
Training Time	01:55:28

Session 1	
Introduction	00:14:20
Security Requirements	00:29:10
Security Threats	00:19:10
Privilege Escalation	00:22:43
Hardware Security Risk	00:18:48
Network Vulnerabilities	00:16:15
Infrastructure Risks	00:33:35
Training Time	02:53:20

Fill-in-the-Blanks



Instructions: While watching Session 1, fill in the missing words according to the information presented by the instructor.

[References where answers are found are in brackets.]

Introduction

1. **Public data** is the kind of information that would be available at your Web site. [Applications]
2. **Private data** is the information you keep inside your company; this data is generally the most valuable. [Applications]

Security Requirements

1. Anytime we implement a security technology we **lose** something. [Requirements]
2. Value does not just come from the cost of losing the data; it also comes from the loss if **competitors** gain that data. [Classification]
3. The **internal category of information** is broken into two parts: information that is accessible to everyone within our organization and very sensitive information, to which only a select few people are allowed access. [Classification]
4. One important thing with data is that you have the ability to **prove** the data has been handled effectively. [Due Care]
5. Due diligence indicates the appropriate effort into **implementing** and **managing** the due care procedures. [Due Diligence]
6. The requirement of a risk assessment is simple; you have to prove if you are a **publicly-traded organization** and that you have measures in place to look for risks in your organization. [Due Diligence]
7. Due process helps to protect **employees** and **citizens** within a regulatory domain. [Due Process]
8. Look at **needs** first and then implement the appropriate security measures. [HR Security]

Security Threats

1. **Lists** help take care of the most common threats. [Understanding Threats]
2. Viruses and worms can cost a tremendous amount of money in today's organization, but the cost of not protecting them is **much higher**. [Viruses and Worms]
3. Trojans may come in under the guise of **CD-burning software** or **antivirus software**. [Trojans, Spyware, and Malware]
4. Once the rootkit is installed, the attacker has either an **access method** into the environment or the rootkit will send information to the hacker from within the network. [Rootkits]
5. Many of the e-mail servers have spam filters; for those that don't, there are **third-party** spam filter add-ons that can be purchased. [Spam Filtering]
6. Attackers will try to find computers that are vulnerable; they will take them over and use portions of the **CPU** on those machines to do their cracking, their password attacks, or their distributed denial of service attacks. [Botnets]

Privilege Escalation

1. If capabilities of every user are limited, the likelihood of privilege escalation is **reduced**. [Initial Entry]
2. The attacker will only be able to do what the **account** with which the attacker has gained access can do. [Initial Entry]
3. While social engineering may be used to escalate privileges, **password cracking tools** may also be used. [Escalation Methods]
4. A new exploit is **less** likely to be protected against in the targeted organization. [Escalation Methods]
5. A logic bomb is an attack that is launched from **inside the organization**, when the attacker has physical access to the machine. [Performing a Logic Bomb]

Hardware Security

1. One of the primary areas of concern as a security administrator is the **hardware** in the organization. [BIOS]
2. Microsoft has implemented the ability to disable adding **USB devices** through group policies. [USB Devices]
3. If the USB ports are still available, a user could plug in a USB drive that has **software** on it and then install the **software**, posing a potential threat. [Removable Storage]

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Network Vulnerabilities

1. Some of the most important devices to secure in an environment are the very devices used to **build the network**. [**Vulnerable Devices**]
2. One of the key methods of protection for infrastructure equipment is using **solid passwords**, because most devices use **passwords** for authentication, and do not support any other kind of authentication. [**Weak Passwords**]
3. Many of the default passwords can be located with a quick **search on the Internet**. [**Weak Passwords**]
4. To hurt the entire network, take the **network offline** or **congest the network** in such a way that it is no longer valuable to the users. [**Denial of Service**]
5. **Hardware destruction** is just as easy when it comes to a denial of service implementation as any of the old flooding attacks. [**Denial of Service**]
6. If the network is using older media types, something called **coaxial** or **coax cable**, then a vampire tap could be utilized. [**Vampire Taps**]

Infrastructure Risks

1. The network infrastructure is a very important part of a network; it includes the **cables**, the **core switches**, and **routers** that make up the core capability for users to communicate. [**Old Protocols**]
2. The infrastructure can be attacked **directly** or via the **client computers**. [**Old Protocols**]
3. The concept of the Null Session Attack has been around since the **1990's**. [**Null Sessions**]
4. The first step in attacking anything is **knowing what to attack**. [**Null Sessions**]
5. In a Man-in-the-Middle attack, the attacker sits between the **user** and the **wireless access point**, potentially taking over the session. [**Man-in-the-Middle**]
6. Replay attacks are broken into three phases: **data capture**, **data manipulation**, and **data replay**. [**Replay Attacks**]
7. If you have redundant Internet connections, simply **cut off** the connection through which the distributed denial of service attack is coming. [**DDoS**]
8. The only way to ensure a distributed denial of service attack has been stopped is to subscribe to an **offloading service**. [**DDoS**]
9. When registering a domain name on the Internet, you are given a **five day grace period**. [**DNS Vulnerabilities**]
10. The attacker will use the ARP poisoning method to get devices to communicate with the **attacker's machine**, instead of a router on the machine's network. [**ARP Poisoning**]

Glossary Crossword

Instructions: Use the terms and clues below to complete the crossword puzzle.

Acceptable Use	DoS	Spyware
Back Door	Due Care	Trojan Horse
BIOS	Due Process	Vampire Tap
Botnets	Social Engineering	Virus
Cybercrime	Spoofing	Worm

Across

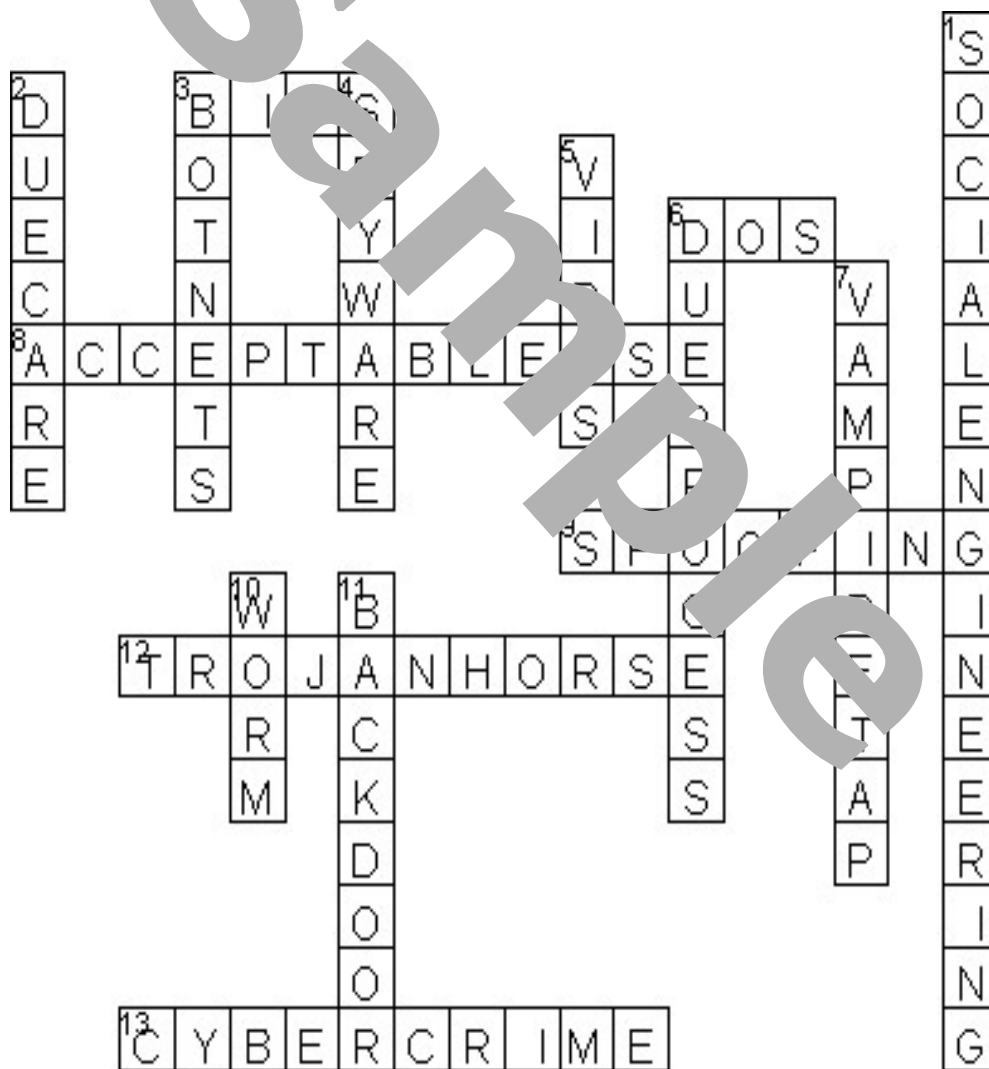
3. Software that is used to configure and provide an interface between software and hardware on a computer, also refers to the firmware code that runs when a computer is powered on in order to boot the machine.
6. An attack method in which an attacker restricts access to a network, Web site, or other computer system or component. This may be achieved by flooding, exploiting application code errors, or hardware destruction.
8. A set of rules or guidelines that define allowable actions in relation to computers and associated components such as software, services, networks, and others.
9. The act of using a different identity to mask activities.
12. A malicious or destructive application, program, or code that presents itself as a helpful application.
13. Any illegal activity that is initiated or achieved using computers and associated components.

Down

1. An attack method used to gain information that relies on human tendencies, such as perception and trust.
2. A set of guidelines that protects information such as patient records, customer information, and legal documentation of any kind.
3. A group of computers or networks that are in control of an attacker.
4. An application or software that gathers information about a user or an organization without their knowledge or informed consent.

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5. Any program with a malicious or destructive purpose.
6. A law principle that guarantees fair and equal legal rights for individuals and organizations.
7. A device that is used to obtain access to the electromagnetic waves within a coaxial cable by penetrating the cable with a pointed needle.
10. A malicious or destructive program that is self-



Glossary Word Search

Instructions: Use the clues below to complete the word search.

Acceptable Use

Back Door

BIOS

Botnets

Cybercrime

DoS

Due Care

Due Process

Social Engineering

Spoofing

Ac-

M E M E M I X J K H P K N M Y S X E O A P G V I
 N I S L R U M I P A S H N V O Y M V E E J R Q D
 S R L U R A M E N R B C U I Q R Z I F R A M
 T K O I E M W X S Q A I P R U P M Q W F L V I
 E B V N Z L B Y O L K R C U P N S J C M K N A
 N U P Y C S B F R S G L R U J U E L K V T S I A
 T M X V P B I A Q S E Z I S U S W Y E X M U B
 O J F M S N N J T N D B M C L G R A H V P Y S Z
 B Z C J G Y K F G R Y G Y M T O E R A C E U D
 X M N K E H Q I X C E O Z K P H B R B R A I S
 F F P N E R M U Q U A C E L T N A F H K Z R
 S T A K I E X Y X G Y R C K O V L T L A A V F
 H W N P E P T V B N I E E A S A H K O Y Z Y W A
 J O C R D U E P R O C E S S V E J O F L A G O
 U Z I E L B D I M E H T N I N A M R L O R M Z
 V N L S J C L M Z B M X I D C X M T O A Z W V G
 G B I V C C E F I O J E U I U W M P R P F F Y D C
 P B I D F V O E R E T G U U D O U K I R Z K D C I
 W Q I O M Z Q N Z W H X S H L I Y Y K R U S M P E
 D B H J S Q K M L V Y W Q E A K C D T V E H M W Z
 J P V P F H H V A P P O B F O R P A G P F T D H L
 V E Y L G V E L M S H H Q P W E O H Q O N I A A C
 C F O X M V V D V X M S A E O F O H B L I V Q P V
 J R L A N M S G U A C K V R E B F O O C Q T S S X
 Z G O G L M G F V E C F P P X A T Q J X M P L J I

Short Answer

Instructions: Use the information learned while watching Session 1 to answer the questions.

1. Describe data classification and how it affects your security measures.
Data classification is the process of determining data sensitivity. Public data may not have many restrictions as to how, when, or from where it is accessed. Internal data accounts for a company's trade secrets, you would want to limit access to employees and perhaps partners under a privacy contract. Where, when, and how the internal data is accessed may be limited LAN or VPN only access. Restricted data is usually personnel files and financial data, depending on your business type, and should be tightly secured.
2. Explain what three factors are key when doing a risk assessment of security threats.
Likelihood is a measure of probability of an incident. Severity is a measure of damage that could occur. Detectability is a measure of predictability, one's ability to reduce, or eliminate the risk.
3. Compare virus, worm, Trojan, and spyware.
A virus is any malicious software and usually spread through human actions. A worm is similar to a virus, but runs built-in functions that allow it to spread on its own. A worm may also have the ability to morph so that it avoids detection by changing its appearance, signature, and even its behavior. A Trojan is software that is designed to be useful or desirable to the user but carries with it a payload of a virus, worm, spyware, back door, or rootkit. Spyware is software that has a sneaky way of getting installed on one's computer without one knowing it, maybe by a Trojan, but as it runs it collects personal information, surfing habits, user login methods, financial information, and may even run a keystroke recorder. Spyware usually transmits its gatherings to its creator and may even be able to receive commands back from its creator like a bot in a botnet
4. Describe some methods by which an attacker might try to escalate privileges on a system?
An attacker may use social engineering where they play on the natural desires or tendencies of people. Strategically placed Trojans or logic bombs are another way that someone might extract an administrator password, place a backdoor, or a rootkit. Password cracking is common method that works due to the choosing of weak passwords.

5. Why would an attacker wish to escalate user privileges?
With escalated privileges an attacker can access user data, documents, and other sensitive data on the system. They can use the machines idle processing time to run their programs in the background. Attackers could make the computer a jump point to attack other more high-profile systems. An attacker will usually try adding accounts, rootkits, or placing logic bombs that install a backdoor onto the system. An attacker will delete logs to cover their tracks wherever possible.
6. What are the risks of an unsecured USB port?
Almost anyone can attach a thumb drive, or larger USB drive, and upload files on a system. They can be used to autorun a program from a USB drive if the autorun ability is not disabled. A virus or other malware can be transferred to a machine within just a couple of seconds. A USB network adapter can be configured to bypass restrictions to a normal built-in network interface. USB drives can be used to steal internal information from the computer or network drives.
7. Explain some vulnerabilities to which network devices might be susceptible?
Weak passwords such as default passwords, dictionary words that are easy to crack, or simplistic passwords, are vulnerabilities to which networks can become susceptible to attacks. Backdoors placed in the software of workstations or network appliances that reside on the network. Denial of service attacks against a network device or a server can effectively take that service down; this can be done by one attacking machine or many attacking machines controlled in a botnet. These DoS attacks work on the premise that one will overwhelm the service with a request scenario which it is unable to handle or manage.
8. Give some examples of infrastructure risks and mention how they work.
Old protocols such as Appletalk, IPX/SPX, NetBEUI, or Banyan VINES are no longer supported or updated by the vendors who popularized them years ago. TCP/IP is the one protocol that is most commonly used today, but it is also an old protocol and can have some security weaknesses. If a hacker has a good understanding of how protocols or applications talk on the network they may be able to capture and use their knowledge of these interactions to do things like ARP poisoning, traffic capturing, traffic replay attacks, spoofing, and man-in-the-middle attacks.

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Glossary Matching

Instructions: Match the glossary term described in Session 1 to its definition.

- | | | |
|----------------------|-----------------|-----------------------|
| a. BIOS | f. vampire tap | k. botnets |
| b. due process | g. Trojan Horse | l. social engineering |
| c. Man-in-the-Middle | h. cyber crime | m. spyware |
| d. backdoor | i. virus | n. acceptable use |
| e. worm | j. due care | o. spoofing |
- d An opening left in a program that can allow access to a system or an application installed on a machine that can provide access to crackers.
 - h Any illegal activity that is initiated or achieved using computers and associated components.
 - k A set of guidelines that protects information such as patient records, customer information, and legal documentation of any kind.
 - b A law principle that guarantees fair and equal legal rights for individuals and organizations.
 - o A set of rules or guidelines that define allowable actions in relation to computers an associated components such as software, services, networks, and others.
 - j Any program with a malicious or destructive purpose.
 - e A malicious or destructive program that is self-promulgating.
 - g A malicious or destructive application, program, or code that presents itself as a helpful application.
 - n An application or software that gathers information about a user or an organization without their knowledge or informed consent.
 - l A group of computers or networks that are in control of an attacker.
 - m An attack method used to gain information that relies on human tendencies, such as perception and trust.
 - a Software that is used to configure and provide an interface between software and hardware on a computer.

13. i An attack method in which an attacker restricts access to a network, Web site, or other computer system or component.
14. f A device that is used to obtain access to the electromagnetic waves within a coaxial cable by penetrating the cable with a pointed needle.
15. p The act of using a different identity to mask activity.
16. c An attack method where the attacker places a machine or application between two valid devices for the purpose of listening to or manipulating communications.

Sample

Research Topic



Instructions: Research the topic below using the Internet and then write a few paragraphs reporting your findings. Be sure to research thoroughly and site your resources. This page may be used to take notes.

You can find many "Threat Lists" on the Internet, some more useful than others. They are a good start at knowing what to guard against on your network.

- A. Find three security "Threat Lists" on the Internet and document how useful you find each list. How does each site rate the threats? How are threats summarized? Can you drill down into particular threats to get greater detail? How detailed do they get?
- B. Choose one threat that appears on all three lists and describe it. How does it work? Who is most vulnerable? Identify what steps IT support personnel would take to combat this threat.

Write a truthful but simplified executive summary that a CIO (chief information officer) could use to explain the problem to end-users and customers.

Individual Project



Instructions: Assign each student the following project. Each student should prepare a short 5-10 minute class presentation of the information researched.

Research how to perform a man-in-the-middle attack on a network and then determine what measures could help protect against the method you found.

Sample

Group Projects



Instructions: Divide into groups and assign each group one of the following subjects to research. Each group should prepare a short 5-10 minute class presentation of the information researched.

1. Select a software package or operating system to research and find one vulnerability in that software. Vulnerability meaning a software bug that could be exploited by a person with malintent. How does the exploit work? What kind of programming mistake did the software developer make? Cite your sources.
2. Research botnets. What are the various uses for a botnet? How are they controlled? What steps can be taken to help eliminate the threat of botnets?

Session 1 Quiz



Instructions: Circle the letter of the option that BEST answers the question.

1. Which types of technical information security experiences are recommended before taking the Security+ certification? Choose all that apply.
 - A. **Permissions**
 - B. **Defining groups**
 - C. **Configuring firewalls**
 - D. **Defining user accounts**

2. Which concepts are associated with the organizational security knowledge domain? Choose all that apply.
 - A. Encryption algorithms
 - B. **Disaster recovery plans**
 - C. Securing routers and switches
 - D. **Standard operating procedures and policies**

3. Which concept deals with the value of perception?
 - A. **Brand equity**
 - B. Hardware quality
 - C. Password strength
 - D. Tampering with screen resolution

4. What is the first step to securing a system?
 - A. Downloading updates
 - B. **Analyzing requirements**
 - C. Clearing machines of all pre-existing data

5. The majority of information fits into which information class?
 - A. Public
 - B. **Internal**
 - C. Restricted

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6. Which term is used to describe individuals taking care to avoid negligence when carrying out information protection duties?
- A. Due care
 - B. Due process
 - C. Due diligence**
 - D. Due acknowledgements
7. Fair treatment, equality, and the opportunity to explain scenarios fit under which category?
- A. Due care
 - B. Due process**
 - C. Due diligence
 - D. Due acknowledgements
9. Which term is used to describe the measurement of predictability?
- A. Severity
 - B. Likelihood
 - C. Detectability**
10. How are Trojan horses generally received?
- A. Hackers injecting code into Web sites
 - B. Through password bypassing software
 - C. Presented as, or bundled with, a helpful application**
11. Which feature of Kerio MailServer displays checked messages, tagged messages, and rejected messages?
- A. Results
 - B. Statistics**
 - C. Scheduling
 - D. Traffic charts
12. Which are steps in privilege escalation? Choose all that apply.
- A. Initial entry**
 - B. Finding holes**
 - C. Testing privileges**
 - D. Escalating privileges**

13. An attacker can place a logic bomb in place of a commonly used executable.
- A. **True**
 - B. False
14. Which term is used to describe software that configures the hardware in a computer?
- A. **BIOS**
 - B. DOSS
 - C. InWare
 - D. SoftBoot
15. Which are features associated with BIOS? Choose all that apply.
- A. **Boot passwords**
 - B. **Change BIOS settings**
 - C. **BIOS access passwords**
 - D. **Enable or disable network boot options through BIOS settings**
16. Stealing a thumb drive is an example of which type of threat?
- A. **Data theft**
 - B. Software injection
 - C. Social engineering
17. Which attack methods may be used with Network-Attached Storage? Choose all that apply.
- A. **Denial of service**
 - B. **Malware injection**
 - C. **Rootkit installation**
 - D. **Configuration attacks**
18. Which device is used to rebuild communications as frequency shifts occur?
- A. Analog regenerator
 - B. **Digital trunking scanner**
 - C. Network sniffer application
 - D. Connectivity modification emission

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19. Which describe the functions of a backdoor? Choose all that apply.
- A. **An application that provides access to crackers**
 - B. A network-based database that provides hash decryption
 - C. **An opening left in a program that allows additional access**
 - D. An operating system configuration that allows multiple user logon
20. Which device attempts to make a connection by surrounding and penetrating a cable in order to access electromagnetic wave transmission?
- A. Eclipse box
 - B. **Vampire tap**
 - C. Werewolf clamp
 - D. Twilight trapper
21. What aspect of an Intrusion Detection System (IDS) is the simplest yet least flexible method of protection against network-born malware?
- A. **Pattern matching**
 - B. Stateful inspection
 - C. Protocol decode analysis
 - D. Heuristic analysis
22. A security vulnerability of Terminal Access Controller Access Control System (TACACS+) is that accounting information is sent in _____.
- A. RC4 encryption
 - B. **Cleartext transmission**
 - C. MD5 digests
 - D. TACACS format
23. Which are reasons why you should be concerned with e-mail spam? Choose all that apply.
- A. **It violates US federal law**
 - B. It threatens physical server room security
 - C. **It blocks Internet access**
 - D. It consumes computer and network resources

24. File Transfer Protocol (FTP) uses TCP ports ____ and ____.
- A. 21, 22
 - B. 19, 20
 - C. 25, 110
 - D. 20, 21**
25. Which type of attack is triggered by an event or process?
- A. A virus
 - B. A worm
 - C. A Trojan horse
 - D. A logic bomb**
26. Which of the three major security topology types creates a basic firewall gateway that can use specialized hardware (e.g., Cisco PIX), a router running ACLs, or a computer running UNIX or Windows?
- A. Bastion host**
 - B. Screened host gateway
 - C. Screened subnet gateway
 - D. Circuit-level gateway
27. What is the primary characteristic of a polymorphic virus?
- A. The ability to hide from detection software
 - B. The ability to lie dormant until triggered
 - C. The ability to cause damage to word processors
 - D. The ability to change its internal code**
28. What is the primary concern regarding backdoor access?
- A. Backdoors are never used
 - B. Backdoors destroy legitimate code
 - C. Backdoors are always malicious
 - D. Backdoors are undocumented**

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29. TCP/IP replay attacks are possible due to which weaknesses or vulnerabilities?
- A. Weak entropy pools
 - B. **Weak TCP sequence numbers**
 - C. Weak authentication schemes
 - D. Weak user-awareness
30. Which attack involves appearing as an authorized source to gain access into a network?
- A. Masquerading
 - B. Brute force
 - C. Man-in-the-Middle
 - D. **IP spoofing**

Slides & Notes

Backdoors

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- Backdoors are defined in two ways
 - An opening left in a program allowing additional access to the software or system
 - An application that can be installed on a machine to provide access to crackers
 - Back Orifice
 - NetBus

Notes:

Viruses and Worms

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- A virus is any malicious program
 - Traditional viruses include boot sector, program, and macro viruses
 - Usually depend on human actions to promulgate
- A worm is like a virus without the need for human interaction
 - Self-promulgating
 - Many are self-adjusting

Notes:

Denial of Service

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- A DoS attack comes in two forms
 - Single DoS
 - A single machine is used to launch an attack
 - DDoS (distributed denial of service)
 - Dozens, hundreds, or thousands of machines are used to launch an attack

Notes:

